

# OUTREACH COMMUNITY TIMES

JAN 2018 • Outreach • 701 E. Clinton St., Farmer City • 309-928-9400 • www.fcoutreach.com

## FROZEN PIPE POLICY

As temperatures plummet, homes can become subject to frozen water pipes. Extended cold weather increases the risk of water mains or service lines freezing. Residents should consider running their water to prevent frozen pipes.

\* Run the cold water at a rate of one gallon every four minutes - about the stream width of a pencil

\* Keep your drain clear of debris to prevent overflow or flooding

### What's my responsibility?

\* Frozen lines from the water main through the B-box are the responsibility of the City

\* Frozen lines from the B-box to the home are the responsibility of the

homeowner

If the pipe freezes, the property owner may call the Water Department to thaw the pipe at (309) 928-3412.

During regular business hours, if the blockage is the property owner's responsibility, he/she will be billed \$150 flat fee. If the blockage is determined to be the City's responsibility, the fee will be waived.

Outside of regular business hours, for property owner liability, residents will be billed at Water Department billing rates plus overtime. The charge will be waived if its determined to be the City's responsibility.

The Water Department will make reasonable efforts to accommodate all requests for

thawing in a timely fashion. If the Department determines that they cannot respond reasonably, or available equipment is not suitable, the City may authorize the property owner to contract with another party to thaw the pipe. But the City will not be held responsible for any damages resulting from pipe thawing attempts by a contractor.

Remember - once a line freezes, and has been thawed, it is essential to keep water running continuously. However, the City does NOT give a discount for the water used if you let your water run, but allowing it to drip, at the very least, could be your best insurance against frozen pipes.

## City News BURNING

You can burn landscape waste every month BUT July and August, on Thur., Fri., and Sat. between 8 a.m. - 7 p.m.

### FARMER CITY POLICE

Please help the City address ordinance violations, such as illegal burning, by contacting the Farmer City Police Department at (309) 928-2111. They will address these violations based on personal observation and citizen complaints. In the case of leaf burning, with the wind and depending on the size of the fire, it can be nearly impossible to locate individual fires amongst 1,100 residences.

The Police Department will continue to identify ordinance violations such as nuisance properties, excessive weeds and abandoned vehicles, to name a few. We seek the community's cooperation in addressing these matters. Please call the non-emergency number to report violations; we will not release your name. Again, that number is (309) 928-2111. Thank you for helping us keep Farmer City safe and clean!

### HIS AND HERS DINNER

On Sat., Jan. 6, the American Legion Joe Williams Post 55 in Farmer City will be serving their His & Hers Dinner starting at 5p and serving your choice of rib eye steak or chicken until 7p. You may purchase your tickets at the door. The Legion is located at 755 Stensel Dr. and Rt. 150 near the fairgrounds on the north edge of Farmer

City. Carryout is available, either in person or call ahead to 309-928-3055.

Future dinners: Feb 3, Mar 3, Apr 7,

### PUBLIC LIBRARY UPDATE

Please stop by the library to welcome the new director, Amy Johnson. If you don't have a library card, now is a great time to get one and get to know Mrs. Johnson!

### CAREGIVER SUPPORT GROUP

Whether you are a caregiver for a spouse, relative, or friend, this group is for you! The Caregiver Support Group welcomes anyone who is caring for an older adult and is in need of support from others in the community. All caregivers are welcome to attend to share their experiences, learn coping techniques, and to receive

emotional support from fellow caregivers.

**When:** 2nd Mon. of each month from 2-3pm, beginning December 12th, 2018

**Where:** Outreach Ministries – 701 E. Clinton Ave, Farmer City

**Who:** Any and all caregivers of older adults

**Cost:** FREE!

For more information contact Wonea Garrett, Caregiver Advisor at (309) 661-6400.

This support group is sponsored by Community Care Systems, Inc., Outreach Ministries, and the East Central Illinois Area Agency on Aging.

### **VOLUNTEER OPPORTUNITY SEWING**

Do you like to sew? Can't sew but could cut out a pattern? We will be making Angel

Gowns.

At Outreach in the near future (date to be decided) and welcome anyone interested in helping to give me a call at 309-928-9400. Angel Gowns provide comfort to bereaved families through the gift of a beautiful custom made gown for final photos and burial services.

Angel Gowns are made from donated wedding gowns so if you or someone you know would like to donate a gown please have them contact Outreach at 309-928-9400.

### **HELP NEEDED**

Outreach is in need of someone to clean the activity room. This is a volunteer position and will require you to dust, vacuum, and mop three small tile areas. It takes an hour to hour and a

half and is only required once a week. If you are interested just stop by and speak with Sharon or give a call to 309-928-9400.

### **LIKE TO PLAY CARDS?**

We have had some people ask about getting together to play cards so I have set aside Thur. afternoons from 1 to 3 or 4 for that purpose. Give me a call and let me know if you are interested. This will be weekly/ bi weekly, whatever the group decides after getting started. This sounds like a fun time and good socialization. Again, let me know your thoughts 309-928-9400.

### **GENTLE STRETCHING** Seniors we have

a low impact Gentle Stretching on Wed. at 12:30 pm. And another group on Thur. evenings at 5:30pm doing Tai Chi.

### **EXERCISE**

We have several opportunities to exercise at Outreach for you to consider. One group is called FC Group Fitness. On Mon. evenings at 5pm is Strength and Cardio with Danielle Harden, instructor; Tue. at 7:30 pm is Circuit Training with Annie Bowns ; and Wed. at 7 (sometimes 7:20) is Beach Body Insanity live with Veronica Daugherty.

For more information on these you may contact Andrea Weedman on Facebook.

**Get your events items to be included in the newsletter:**

### **Outreach Ministries**

**Phone:**

(309) 928-9400

**Web:** [www.fcoutreach.com/](http://www.fcoutreach.com/)

**Address:** 701 E. Clinton Ave.,  
Farmer City

## **DO YOU NEED A RIDE?**

OK folks, its crunch time. Winter is fast approaching and we I know there are people out there who don't drive or don't drive out of town so, how are you getting your groceries?

I have transportation available for you to be picked up and taken to Clinton to shop at IGA or Save-A-Lot. You can also

go to Walmart or anywhere you want to shop for other things beside groceries.

This bus is handicap accessible so if you are in a wheelchair you can ride. If you would like to sign up for rides or want more information about this give me a call at 309-928-9400.

## **Outreach Schedule**

**Monday-**  
2:00 Bingo

**Wednesday-**  
12:30 Gentle Stretching

**Thursday –**  
1:30 Adult Coloring;  
5:30- Tai Chi  
6:30 pm 1st & 3rd  
Thurs. Knitting/Crochet-  
ing/Quilting/Craft Night

**Tue/Fri – closed**